









Sunday	5	2.00pm	• Sunday Movie	
Monday	6	9.30am 10.00am	• Reflexology • Exercise Class with Michele	
Tuesday	7	9.15am 9.30am 10.00am 11.00am 1.00pm 1.15pm 2.00pm	• St Ives Shopping Bus • Acupuncture until 11.30am • Hydrotherapy in the Pool • St Ives Shopping Bus • St Ives Shopping Bus • Tuesday Movie "Bohemian Rhapsody" • Dance Group	 
Wednesday	8	1.00pm 1.30pm	• St Ives Shopping Bus • Craft Group	
Thursday	9	9.30am 11.00am 2.30pm	• Physiotherapy in the Clinic • Bible Group • Coffee & Chat—Governor Macquarie Talk	
Friday	10	9.30am 10.00am 2.00pm	• Pre-Voting Booth in the Lounge • Turrumurra Bus • U3A Play Group Reading	
Saturday	11	1.15pm	• Vintage Film	

THIS WEEK'S MENU

Please book at Reception for lunch before 11am & dinner before 4pm

		LUNCH - 12 pm	DINNER - 6 pm
Sun	5	Roast Chicken with Herb Stuffing	Macaroni Cheese Bake
Mon	6	Tuna & Corn Patties (Book for Wednesday's dinner by 2pm today)	Hearty Beef Casserole with Rice
Tues	7	Sweet & Sour Pork with	Herb Crusted Barramundi with Lemon
Wed	8	Chicken Caesar Salad	Crumbed Lamb Cutlets (Book for this Dinner by 2pm Monday)
Thurs	9	Carbonara Pasta Bake	Weiner Schnitzel with Lemon Butter
Fri	10	Smoked Salmon with Scrambled Eggs on Toast	Battered Fish & Chips
Sat	11	Ham & Avocado Melts with Waldorf Salad	Lasagne with Side Salad

ENTERTAINMENT

PETER'S VINTAGE FILMS



Come and enjoy an afternoon of nostalgia. Re-visit your favourite stars from the 1930s to the '80s as Judith presents the best from that golden age of film-making.

Saturday 4th May at 1:15 pm

"MILLION DOLLAR MERMAID"

From 1952, a film based on the life story of champion Australian swimmer Annette Kellerman, starring Esther Williams, with Victor Mature and Walter Pidgeon.

But First: BBC Comedy with "YES MINISTER"

SUNDAY MOVIE

"THE CROWN" 2nd Series

5th May at 2pm in the Lounge

Starring Claire Foy & Matt Smith

The Crown, created by Peter Morgan, follows Queen Elizabeth through the late 1950s and early 60s as she struggles to navigate a world that's changing around her. She must face the challenges of a new era, from the Suez Canal crisis to the assassination of John F. Kennedy, while preserving both the monarchy and her marriage.

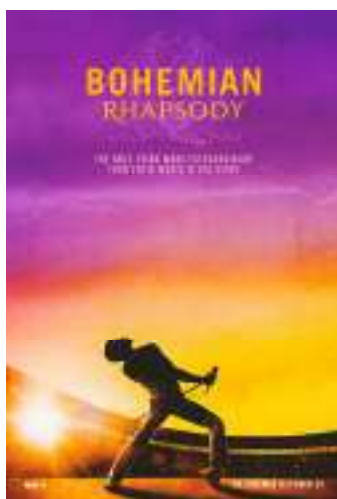


TUESDAY MOVIE

"BOHEMIAN RHAPSODY"

7th May at 1.15pm in the Lounge

Starring Rami Malek



Bohemian Rhapsody is an enthralling celebration of Queen, their music, and their extraordinary lead singer Freddie Mercury who defied stereotypes and convention to become one of history's most beloved entertainers.

This film chronicles Queen's meteoric rise, Freddie's solo career and the band's reunion and one of the greatest performances in rock history. The sound will be adjusted for residents.

COMMUNITY COMMUNICATIONS

EXERCISE CLASS with Michele

MONDAY 6th May at 10am in the Lounge

Discover the revitalizing power of exercise.



FOLK DANCING GROUP

Every Tuesday

From 2pm—3pm in the Sports Club.

No partners necessary.



Come along and give it a go & join the group for coffee afterwards.

Chris would love to see new residents joining in her classes of folk dances from around the world.

The power of dance improves physical and mental wellbeing in later years!

CRAFT GROUP IN THE LOUNGE

WEDNESDAY 8th MAY FROM 1.30PM

Everyone is invited to bring their handiwork and come along for a coffee and a chat.

There is spinning, knitting and jewellery making aplenty!



BIBLICAL STORIES OF FAITH & INSPIRATION

Thursday 9th MAY

11 am — Lounge area

Reading from Book of Matthew, Chapter 27.

Remember your study books.

We are hoping to see as many of our old friends as possible, and hopefully some new ones.



AUSTRALIAN FEDERAL ELECTION

PRE-VOTING BOOTH—10th MAY



The 2019 Australian Federal Election will be held on Saturday 18 May.

Electoral officers will attend for pre-voting from 9.30am to 3.30pm on Friday 10th May in the Club Lounge for the convenience of all Cotswolds Village residents.

COMMUNITY COMMUNICATIONS

COFFEE & CHAT

THURSDAY 9TH MAY

2.30pm in the Lounge

“The Legacy of Governor Macquarie & 73rd Regiment of Foot”



Ron Ray has been a volunteer guide and member of the Australian National Maritime Museum for 12 years. He spent 10 years in the Army working in signals and artillery.

Ron has a particular interest in 18th century military and navy history. He is also a member of the 18th century Napoleonic re-enactment group recreating the 73rd Regiment of Foot which came to the colony of NSW with Governor Macquarie in 1810. He will be dressed in his uniform.

Ron's talk will review the legacy left by Governor Macquarie and some of his important projects he implemented during his term in office in NSW.

Afternoon tea will be served.

Please place your name in the Social Activities Book at Reception.



U3A PLAY READING GROUP

FRIDAY 10th MAY at 2.00pm in the Craft Room.

Group reading of plays in a relaxed manner, no previous experience is necessary. Copies of plays will be provided.

We hope to see more residents join our group.

COMMUNITY COMMUNICATIONS

POETRY READING CLUB

Monday 13th APRIL at 2.30pm—3.30pm

In the Billiard Room Level 1



Any resident who wishes to read or recite a poem at this meeting should let Liz at Reception know the name of the poem, its author, and the approximate time needed as soon as possible so an Agenda can be distributed before the meeting.

Any resident who would like to come to the meeting and just listen to the readings of a variety of interesting poems, should let Ken know so that enough seating is provided. Afternoon tea will be provided at the end of the meeting. Phone reception on 9144 7016 or email Liz at reception@thecotswolds.com.au.

FLU VACCINATION DAY

TUESDAY 21ST MAY

Dr Barry Mayes will be in the Clinic

Dr John Birrell will be in the Library

Covered under Medicare and DVA.

Consent forms will be placed into letterboxes. As a request from Medicare, please place your date of birth on the form.

Please return your completed consent form to Reception no later than 4pm on Monday 13th May.

Times will be advised at a later date.

GENERAL COUNCIL CLEAN UP

TUESDAY 28TH MAY

Please place items in front carpark on Monday 27th May

Items NOT collected are:

Whitegoods, building waste, vegetation, food waste, recyclables, hazardous waste, gas bottles, glass, mirrors, heavy items, baths, toilets and items over 2m in length. Small items need to be contained.

Please call Liz at Reception if you need help to transport your items to the front carpark.