



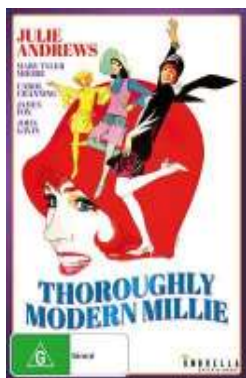
Sunday	30	2.00pm	• Sunday Movie	
Monday	1	9.30am 1.30pm	• Reflexology • Beating Time Choir in the Lounge	
Tuesday	2	9.15am 9.30am 11.00am 1.00pm 1.15pm 2.00pm	• St Ives Shopping Bus • Acupuncture until 11.30am • St Ives Shopping Bus • St Ives Shopping Bus • Tuesday Movie "On The Basis of Sex" • Dance Group	 
Wednesday	3	9.15am 10.30am 1.00pm 1.30pm	• Hornsby Bus • Information Session by OPTUS • St Ives Shopping Bus • Craft Group	
Thursday	4	9.30am 2.30pm	• Physiotherapy in the Clinic • Coffee & Chat -Sandra Ross, Horticulturist	
Friday	5	10.00am	• Turrumurra Bus	
Saturday	6	1.15pm 4.30pm	• Vintage Film • Happy Hour	

THIS WEEK'S MENU

Please book at Reception for lunch before 11am & dinner before 4pm

		LUNCH - 12 pm	DINNER - 6 pm
Sun	30	Roast Pork with Crackle & Apple Sauce	Cheese Omelettes
Mon	1	Smoked Salmon Quiche & Waldorf Salad	Butter Chicken & Rice
Tues	2	Salmon Patties	Beef Stroganoff with Spiral Pasta
Wed	3	Bacon, Eggs & Grilled Tomato	Roast Turkey
Thurs	4	Apricot Chicken with Rice	Traditional Irish Lamb Stew
Fri	5	Zucchini & Fetta Cheese Quiche	Beer Battered Fish & Chips
Sat	6	Roast Pumpkin Salad	Cottage Pie

ENTERTAINMENT



PETER'S VINTAGE FILMS

Come and enjoy an afternoon of nostalgia.
Re-visit your favourite stars from the 1930s to the '80s as
Judith presents the best from that golden age of film-making.

Saturday 29th June at 1:15 pm

"THOROUGHLY MODERN MILLIE"

From 1967, a lively musical send-up of the Nineteen Twenties.

Starring Julie Andrews, Mary Tyler Moore, James Fox and Carol Channing.

But First: A short clip showing the dancing talent of the young **Shirley Temple**.

SUNDAY MOVIE

"GREEN BOOK "

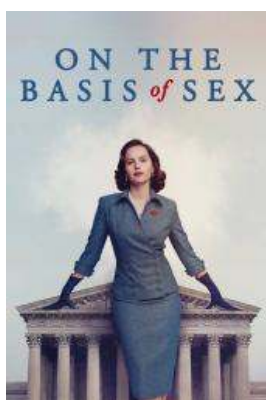
30th June at 2pm in the Lounge

Starring Viggo Mortensen, Mahershala Ali & Linda
Cardellini



A working-class Italian-American bouncer becomes the driver of an African-American classical pianist on a tour of venues through the 1960s American South. However, as the disparate pair witness and endure America's appalling injustices on the road, they find a newfound respect for each other's talents and start to face them together. In doing so, they would nurture a friendship and understanding that would change both their lives .

Winner of 3 Academy Awards including Best Picture.



TUESDAY MOVIE

"ON THE BASIS OF SEX"

2nd July at 1.15pm in the Lounge

Starring Felicity Jones, Armie Hammer & Justin Theroux

Inspired by the powerful true story of a young Ruth Bader Ginsburg, this movie depicts a then-struggling attorney and new mother facing adversity in her fight for equal rights. When Ruth takes on a ground-breaking case, she knows the outcome could alter the courts view of gender discrimination.

Ruth Bader Ginsburg is the second **woman** to serve on **the US Supreme Court**. Appointed by President Bill Clinton in 1993, she is a strong voice in the court's liberal wing.

COMMUNITY COMMUNICATIONS

EXERCISE CLASS with MICHELE
Postponed until further notice



BACK BY POPULAR DEMAND! **Don't miss the performance of** **“Beating Time” Seniors Choir**



Monday 1st July 1.30pm to 2.15pm
in the Lounge

Beating Time began 22 years ago as a class with the University of the Third Age in Chatswood. Over the years the choir has performed in nursing homes, retirement villages, luncheons, Willoughby Seniors Week Activities, festivals and concert at the Dougherty Centre.

They have some new songs so come and join us for an entertaining afternoon!

Please place your name in the Social Activities Book at reception.

FOLK DANCING GROUP

Every Tuesday

From 2pm—3pm in the Sports Club.

No partners necessary.



Come along and give it a go & join the group for coffee afterwards.

Chris would love to see new residents joining in her classes of folk dances from around the world.

The power of dance improves physical and mental wellbeing in later years!

COMMUNITY COMMUNICATIONS



INFORMATION SESSION ON OPTUS AND NBN WEDNESDAY 3rd JULY 10.30am



in the Lounge

**Presented by Joshua Wiles
Optus Business Centre**

The **NBN** is the telecommunications network currently being rolled out across Sydney preparing your home or business for the future.

Optus as an internet service provider can offer competitive consumer broadband plans and home phone bundles.

Joshua will explain what Optus can offer residents and give you the best options and pricing and answer any questions you may have.

Your existing phone and internet services will eventually be cancelled if you don't do anything to connect your services to the NBN access network.

Please place your name in the Social Activities Book at reception.

COFFEE & CHAT - THURSDAY 4TH JULY

2.30pm in the Club Lounge

Presenter: Sandra Ross

Horticulturist, Teacher & Rose Lover!

“Sandra’s Favourite Garden of the World”



Sandra (wife of Graham Ross) was a radiographer turned horticulturist turned global garden traveller. She conducts Ross Garden Tours and teaches Garden Clinic classes. She lists her rose garden as her favourite place to be and roses (only the old-fashioned varieties) as her favourite flowers, perennials (to match the roses), and her grandchildren as her favourite things.

Sandra has a busy schedule of speaking engagements as she is much sort after and frequently conducts garden tours overseas. We are very fortunate to have her come along to the Cotswolds Village. Don't miss this great opportunity to meet her.

Afternoon tea will be served.

Please place your name in the Social Activities Book at Reception



COMMUNITY COMMUNICATIONS

HAPPY HOUR

Saturday 6th July at 4.30 pm

Jackie & Lea hope to share the pleasure of your company.

New residents & friends are welcome in the Club Lounge.

\$3 per person



Coming in July - "La Fête Nationale"

To coincide with the Sydney Bastille Festival in July, the Cotswolds dining room will be serving French cuisine from Monday 8th July until 22nd July. The exciting menu will be presented in coming days.

Please make your booking in the blue Meals Book at reception.

CREATIVE ART CLASS WITH MEG

Recommences Friday 19th July

Please meet in the Kitchenette downstairs near the lift at 10am.

Keep practising your drawing until then!

Want to calm your mind, boost your mood, lower stress, have a chuckle?

No experience necessary. All material provided. Morning tea provided.

New residents always welcome.



WORK ON CLUSTER SUBMAIN BOARDS

AND UPGRADE OF SAFETY SWITCHES

Residents will be notified when power will be turned off to enable Electricians to carry out work to the Clusters submain boards and upgrading of safety switches from 7am over the next few weeks.